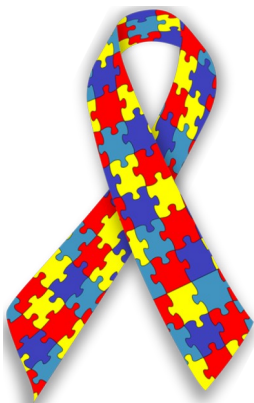


*Services
Supports and
Information*



Please Contact
Upper Valley Autism
Resource Centre Inc.
For more information

uvarcinc@gmail.com
506-273-6721



500 East Riverside Drive Unit 2
P.O. Box 4159
Perth-Andover, NB
E7H 1Z1

Phone: 506-273-6721
Fax: 506-273-6721
E-mail: uvarcinc@gmail.com
Web: uvarc.ca

Upper Valley
Autism
Resource
Centre Inc.



Autism: [Where to start](#)

*If you suspect your
child has autism*

ASD– Autism Spectrum Disorder is a lifelong neurological disorder that affects a person's development and how the brain processes information.

They are characterized by challenges in communication, social interaction and learning. They may also show unusual behaviour, perceptions, interests and activities.

506-273-6721



GETTING A DIAGNOSIS

Family Doctor:

Discuss your concerns and specific behaviours you have seen in your child with your family doctor.

- Little or no eye contact
- Unusual or repetitive play
- Lining up toys or objects
- Loss of acquired speech at any age

Pediatrician:

Your family doctor can make a referral to a pediatrician. Dr. R. Krishnaswamy, MD and Dr. Mark Messenger, MD come to the Hotel Dieu of St. Joseph Hospital in Perth-Andover, Waterville Hospital and Grand Falls Hospital once a month and both doctors can diagnose autism.

Psychologists:

College of Psychologists webpage has a listing of all providers in the province. Psychologists can provide psychological testing as well as treatment. Schools will use the evaluation to form a personal learning plan for your child. If you can't afford the private psychologist you can contact UNB Dept. of Psych and ask for a graduate student that could do the evaluation for a nominal fee.

Getting Support

Upper Valley Autism Resource Centre

500 East Riverside Drive, Unit 2, Perth-Andover, NB

Cathy Adams is the Executive Director of the Centre and she will help get you started.

Buddy system: You will receive a name and phone number of another parent to call to talk to.

Lending Library: The Centre has many resources of written material on Autism. As well it has a vast variety of educational toys which can be signed out.

UVARC is working on a training program for Respite workers and hope to add more qualified people to the list. Support Match NB also has names available of support workers and individuals interested in Respite care. It is the responsibility of the caregiver or parent to run back ground checks, vulnerable sector checks and set up a contract with the person you want to hire.

506-273-6721

Canada Revenue Agency:

Canada.ca

Disability Credit Tax

Forms can be found at a Canada Revenue Agency and printed or picked up at UVARC. Family doctors fill out the form and then it is sent to Canada Revenue Agency. Once approved this can be used on your income tax return.

Registered Disability Savings Plan (RDSP)

A long-term savings plan to help Canadians with disabilities and their families save for the future. If you have an RDSP, you may also be eligible for grants and bonds to help with your long-term savings.

Vacation Planning:

If you are planning to fly you can get a Doctor's note that your child has autism and would benefit from early seating so you are not waiting in line too long to board the plane.

If you go to Disney or a themed park your child can get fast pass tickets to all rides as well as all family members. Just stop by Guest Relations at all parks and no waiting in lines.

Getting Services

New Brunswick Preschool Autism Program:

Early Intensive Behavioural Intervention (EIBI), is based on the principles of the science of applied behavioural analysis and is available up to 20 hours per week to preschool children diagnosed with Autism Spectrum Disorder. Your doctor must send a referral to the department of early childhood education to access these services. This Service is provided free to your child in your home or childcare centre. You will receive a Handbook in the mail with 2 forms to fill out and return.

Autism Intervention Services:

Fredericton Agency 1-506-455-7048

Family Support for Children with Disabilities:

Contact 1-866-444-8838 to apply for services. You will meet a case worker through children with special needs and create a case plan to assist meeting needs such as respite. A "Needs based" program.

School aged children:

Each school has a Resource & Methods teacher. Your child may need an Individualized Education Plan (IEP) which can address social and educational needs.

PAEDS team: The Upper River Valley Hospital in Waterville, NB & Grand Falls Hospital, NB

They have Speech Pathologist, Occupational therapist, Physio therapist and Registered Dietician. Your Doctor can make the referral.

New Brunswick Association for Community Living NBACL's Inclusive Education Staff

provide information, support and are a strong voice for families who have children in the public school system. Staff involvement is focused on addressing issues involving students from kindergarten to grade 12 to help ensure that their education is inclusive and personalized. www.nbACL.nb.ca

NBACL Early Learning Inclusion Facilitators

Support early learning and childcare centres and families regarding the inclusion of children with a disability in early learning and childcare and after school programs. The focus of the work is to provide support to early learning and childcare centres that receive funding.